



# Venturing Out

OUTDOOR ADVENTURES FOR ALL

## School Holiday Activities Rock Climbing Information Sheet



### **What is Rock Climbing?**

An exciting day of rock climbing and scrambling. This is an introductory day and no previous experience necessary.

### **What age is the activity suitable for?**

This activity is suitable for children aged 8 to 14



## Where is the venue?

This activity is based at North Berwick Law. Drop off and pick up will be from the main Car Park at the foot of North Berwick Law.



## Time

9.30am to 12.30pm or 1pm to 4pm

## Do I need to bring anything?

- We will supply rock shoes for climbing. Therefore, trainers are fine to wear.
- This activity takes place outside so please ensure your child has clothing that is suitable for the weather
- On warm and sunny days, sun cream is advisable
- Drink and Snack

**Have you completed a consent form?** The form can be found here:  
<https://www.123formbuilder.com/form-4768720/form>