



# Venturing Out

OUTDOOR ADVENTURES FOR ALL

## School Holiday Activities Water Activities Information Sheet



A chance to try out various water-based activities, paddling craft such as canoes, kayaks, Stand Up Paddleboards and the Mega SUP. No previous experience is necessary. We will give coaching, play games and there's always plenty free time to investigate the pond.

### **What age is the activity suitable for?**

This activity is suitable for children aged 8 to 14

### **Where is the venue?**

This activity is based at Levenhall Links, Musselburgh Lagoons.

Drop off and pick up point is Levenhall Boating Pond (Musselburgh Lagoons)



## Time

9.30am to 12.30pm or 1pm to 4pm

## Do I need to bring anything?

- Towel and clothes for afterwards, including dry footwear
- We will be issuing wetsuits. On very warm days we will offer the option not to wear a wetsuit
- Swim wear for under wetsuits
- Trainers for on the water. No crocs or flip flops please
- Sun cream
- Drink and Snack

**Have you completed a consent form?** The form can be found here:  
<https://www.123formbuilder.com/form-4768720/form>